Worship OPPORTUNITIES

— SUNDAYS @ 9 a.m. —

Higher Ground (Feb. 5 only)

a multi-sensory contemporary service celebrates and shares God's love in the Alspaugh Worship Center's relaxed setting.

Children's Worship (Feb. 12 only)

a special opportunity for "kids of all ages" to worship in BIG church with high energy in the Alspaugh Worship Center.

Modern Worship (Feb. 19 & 26)

a new modern, contemporary service in-person and online in the Alspaugh Worship Center.

— SUNDAYS @ 11 a.m. —

Ignite! (Feb. 5 only)

a contemporary service with emphasis on participatory worship, prayer, community and transformation, in-person and online from the Alspaugh Worship Center.

Traditional

a worship service incorporating the traditional hymns of faith and the historic creeds of the church, in-person and online stream from the light-filled Sanctuary.

Nursery care and a Mother's Room are available in the Children's Building.

Wheelchairs are available for use while on church property and hearing enhancement devices, as well as large print bulletins, are available. See one of the ushers for details.

Livestream of the 11 a.m. services and, beginning Feb. 19 the 9 a.m. service, is available at www.YouTube.com/ MountTaborUMCVideoStreaming and on Facebook Live at Mount Tabor United Methodist Church



SPIRITUAL SPRING CLEANING

Toward the end of this month, we will begin the season of Lent. This is one of my favorite times of the year. The season of Lent is a time of reflection, and a time of returning to our roots. It is a journey to the cross and then ultimately to the empty tomb. As we journey towards the cross, we're reminded that it's all about God's overwhelming and everlasting love. It's about Christ's love for us that then inspires our love for him and for others. To go down this path we must, once again, embrace the idea of reflection.

The word "Lent" comes from an Old English word that means "Lengthen". Lent is associated with spring because during the spring the days get longer. When I think about Lent, one of the things that comes to my mind, therefore, is the idea of spring cleaning. Yes, I said spring cleaning (I can almost hear the groans from my typing now). However, in this case, I am talking about a cleansing of the soul. Meaning, during the season of Lent we have the opportunity to engage in a "spiritual spring cleaning." A time to reflect and then a time to let go.

What does a spiritual spring cleaning actually involve? Well, the first part is realizing that we are completely dependent upon God. This realization is rooted in the idea that we cannot save ourselves. We need God's love and grace. This also then requires a true self-examination deep inside that offers our sins, our fears, our sorrows, our behaviors, etc., over to God, asking for God's forgiveness. Then, after that forgiveness is showered upon us by God's amazing grace, we commit to change. We commit to be transformed by the power of the Holy Spirit. We commit to become more like Christ!

While some may think all of this is a downer to a life lived in faith, the truth is that self-examination is not something that leads to a burdensome life. On the contrary, it frees us from the burdens that weigh us down. It leads to letting go of the things that hold us back and letting in the very things that bring us life. It leads to the cross where we see our sins forgiven by God through Jesus Christ, and then to the empty tomb where we find a new life in Christ's name. Thanks be to God!

Reflectively, **Pastor Lonnie** †



Marcey Davis

Children's Ministries Director marcey.davis@mttaborumc.org 336-765-5561 extension 1007

Colleen Carr

Children's Ministries Associate Director colleen.carr@mttaborumc.org 336-765-5561 extension 1020

FEBRUARY IS THE MONTH OF LOVE

Hey **TaborKIDS Junior**! Have you noticed any heart-shaped candy boxes or giant teddy bears in stores yet? It's that time of year when we do extra special things to show people how much we love them. One sweet way to do that has always been with candy hearts. Candy hearts are such a fun way to show someone you love them, which goes perfectly with what we are teaching children this month. After all, everything Jesus did while He was on earth was to show us how much He loves us. And if there's one thing we really want children to know, it's that Jesus loves them.

As **Club 252** and **TaborTWEENS** continue their journey through God's Big Story, we'll focus on exploring the scripture Luke 6:31 "Do to others as you want them to do to you" through the words and actions of Jesus. We'll learn to include people who are left out, to show respect even when you don't get along, to take time to show others they are important, and to remember God is most important.

TaborTWEENS are invited to participate in a special event **Friday, Feb. 3–Saturday, Feb. 4** called "Created by God." Created By God is a program designed to communicate to tweens that we are a fantastic creation made by God. The topics of human sexuality, values, and relationships are approached in a frank, honest, and Bible-based manner. For more info and to register, visit

bit.ly/mtcreatedbygod

Club 252 are invited to "Snow Much Fun Day" on **Feb. 5, 3-5 p.m.** in the Family Life Center. Open to 1st_3rd graders and their friends! For more info and to register, visit

mttaborumc.churchcenter.com/registrations

TaborKIDS Takeover Worship service is on **Feb. 12 at 9 a.m.** in the Alspaugh Worship Center! Come join TaborKIDS as they takeover and worship in BIG church. Kids of all ages are welcomed and invited.

TaborTWEENS will gather on **Feb. 26, 4-5:30 p.m.** at Alex's Grill in Lewisville. Bring money and a friend! RSVP to marcey.davis@mttaborumc.org

Mount Tabor's Preschool opens enrollment for the next school year in mid-February. We'd love to see our **TaborKIDS Junior** friends during the week. For more info, **mttaborumcpreschool.org**

Summer camps and **VBS** are now open for registration. For more information and to sign up, visit

mttaborumc.churchcenter.com/registrations

We'd love to see you on **Sunday mornings** in **TaborKIDS Worship** offered **during all worship services** or at **Sunday School at 10 a.m.** We love our TaborKIDS!







For more information on any of these activities or Children's Ministries in general, check your TaborKIDS Weekly email or please contact Marcey Davis (marcey.davis@mttaborumc.org) †

VIEW THE CHURCH CALENDAR ONLINE AT

https://tinyurl.com/MTUMC-calendar

click the V symbol on right side of event for more info

FUSI-N

Will BuschStudent Ministries Director
will.busch@mttaborumc.org 336-765-5561 ext. 1008

(for youth in 6th-12th grades)

2023 STARTS WITH A BANG

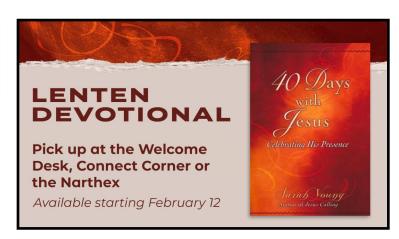
With the first month of the new year under wraps, we exit the joys (and somewhat stressful moments) of the holiday season and enter the season of busy schedules, start of a new classes, the stress of school. Amidst the darkness of the world, we're reminded of the bright light that keeps us in line (in life and spiritually), and that is this community.

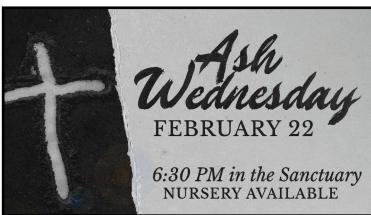
In the past month, FUSION has come together in service, gone on excursions, experienced first times, and so much more: serving at Haywood Street (including a 7a.m. arrival at the church), going to a Hornets game, Painting Pottery, watching a movie together followed by ice skating, and then going to Top Golf and eating at WillyB's parents' house. Many portions of our group engaged in fun-filled times in our smaller groups then we have come together as a bigger group, and even experienced our first Main Event Worship Service together. However the most breathtaking moments of this first month has been to see the passion for everyone coming together, encouraging each other, and serving the Lord and the community, including spending MLK Jr. remembrance day helping serve meals through Spark, and having members lead a powerful reading at Mount Tabor UMC's own MLK Jr. celebration in the Sanctuary.

All these moments have been beautiful, joyous, and filled with so much fun, here's to hoping the rest of 2023 is as amazing as this start has been. †

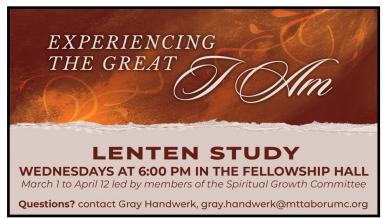












SUBMIT PRAYER REQUESTS ONLINE AT https://www.MtTaborUMC.org/prayer you may choose who will see your request

IMPORTANT INFO TO KNOW ABOUT MTUMC

church telephone number 336-765-5561

website

www.MtTaborUMC.org

MTUMC member login page to access your giving records, church directory, church calendar, and more

www.tinyurl.com/MTUMCmemberLOGIN

you can also download the mobile app at this link and sign in using your same login information

real-time church calendar

www.tinyurl.com/MTUMC-calendar

click the v symbol on right side of event for more info

submit prayer requests

www.MtTaborUMC.org/prayer

you can chose who sees your requests

submit updates to your membership record

www.tinyurl.com/ycsom229

make sure the church has your current address, email, and phone number as well as your date of birth

Facebook page

www.facebook.com/MountTaborUMCWS

Instagram account

www.instagram.com/MountTaborUMCWS

YouTube Channel

@MountTaborUMCVideoStreaming

weekday Preschool Ministry phone number 336-760-2326

weekday Afterschool Care Ministry phone number 336-760-0363





Suggested donations are Adult (age 13-older) **\$8**; Child (ages 3-12) **\$5**; Family in same house **\$25** cap. Make reservations at

www.mttaborumc.org/tabor-table

February 1 —

taco salad with choice of beef or chicken, refried beans, black beans, rice, queso, dessert, drink Kid's option—cheese quesadilla

February 8 —

meatloaf, mac & cheese, vegetable roll, dessert, drink Kid's option—chicken nuggets

February 15 —

choice of chicken & pasta or roasted chicken roll, salad bar, dessert, drink Kid's option—pizza quesadilla

— **February 22** — pancakes, egg & hashbrown casserole, sausage, grits, fruit, drink



Sunday, Feb. 5 • 7:30am • Fellowship Hall HOT FOOD, FAITH AND FELLOWSHIP







<u>Prayers, support & resurrection</u> <u>faith to:</u>

Maggie Werkman and daughter Meghan Werkman on the Jan. 4 death of husband and father Mark Werkman.

Bill & Lisa Meadows on the Jan. 8 death of Bill's mother Alma Meadows.

Paulette Jeffers on the Jan. 16 death of her husband **Bill Jeffers**.

Welcome newest members:

Cathy Griffith by transfer of membership from Bethia UMC, Chesterfield, Virginia on Jan. 8.

Carter & Kate Berry by transfer of membership from First Baptist Church, Kernersville and St. Luke's UMC, Houston, Texas respectively, along with their baptized sons, **Zeb** and **Zax**, on Jan. 29. †



In Memoriam
William "Bill" Howard Jeffers Jr.
Aug. 17, 1940—Jan. 16, 2023

MEMORIALS

In Memory of Lois Condrey by Sandy Callison

In Memory of Bill Jeffers by Pete & Diane Psihogias

In Memory of Rose Miller by Mark & Sharon Coberly, Denver Miller Family, Willa J. Harkins, Debbie A. Wolaver,

In Memory of Mark Werkman

by Miller & Janice Council, Joe & Susan Miller, Libby Craven

In Memory of Mark Werkman and Mark Werkman II

by Perry & Denise Peterson

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HONORARIUMS

In Honor of Mike Hendrix by the Tabor Troupers

In Honor of Cathy Hurd by Bobby Sharp

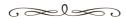
In Honor of John & Karen Kearns by the Tabor Troupers

In Honor of Jean Lord by the Agnew Family

In Honor of Sheri Nebinger & Team

by the Tabor Troupers

In Honor of Maggie Werkman by Libby Craven



Memorials or Honorariums may be made online at https://www.MtTaborUMC.org/give or by check payable to MTUMC.
Please remember to designate Memorial or Honorarium along with the person's name.

MOUNT TABOR UMC MILITARY PRAYER LIST

Please keep these MTUMC service men and women in your prayers:
Matthew Blue Matthew Burris Adam Clapp Audrey Clapp
Jason Clapp Christopher Fisher Robert Hines Jennifer Penley
Carmen Roberts Trey Wheeler William Wilson Edward Wolfe

List your active service loved one by emailing office@mttaborumc.org

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Now Finish the Task

to build and enhance the ministries of MTUMC

Debt reduction funds are still being collected. Prayerfully consider making a donation to reduce the debt at **https://www.mttaborumc.org/give** or by cash or a check made payable to MTUMC and returned to the church.

As of Jan. 11, current loan balance is \$409,886.76

NOTICE OF SCAM ALERT CONCERNING MOUNT TABOR UNITED METHODIST CHURCH AND WHAT YOU CAN DO

Please remember Mount Tabor UMC clergy and staff members will never ask you to buy gift cards via email or text messages. These type of notices are SCAM messages from corrupt individuals. If you ever receive a message concerning money or purchasing anything, please immediately call the church (336-765-5561 ext. 1000) or the Winston-Salem police (336-773-7700).

According to the Federal Trade Commission (**ftc.gov**) you can **report scam text** messages three ways:

- ◆Copy the message and forward it to 7726 (SPAM). This helps your wireless provider spot and block similar messages in the future.
- ♦ Report it on the messaging app you use. Look for the option to report junk or spam.
- ◆ Report it to the FTC at **ReportFraud.ftc.gov** online.

Most recently, a fraud report has been filed by Mount Tabor UMC reporting the text messages from the number 346-574-1789 pretending to be Pastor Lonnie. **This is NOT his number.** Please forgive any inconvenience these messages may have caused. If you have been a victim and lost money, please call the police.

The FTC also recommends you can stop receiving text message spam by filtering or blocking messages before they reach you. You can find out how to do that on your phone, through your wireless provider, or with a call-blocking app.

If you think a scammer has your information, like your Social Security, credit card, or bank account number, go online to **identitytheft.gov** for steps you can to take based on what kind of information was lost or exposed. †



3543 Robinhood Road Winston-Salem, NC 27106 336-765-5561 www.mttaborumc.org

gather joyfully • grow spiritûally • go faithfully

Office hours are Monday-Friday 9am-noon & Monday-Thursday 1-4pm



Sunday, February 5, 2023 COMMUNION SUNDAY "Gratitude and Glory" Ephesians 3:14-21

Sunday, February 12, 2023

9 a.m. service TaborKIDS Takeover! 11 a.m. service "Laugh" Ecclesiastes 3:1,4; Psalm 16:11; Philippians 4:4

Sunday, February 19, 2023

"A Firm Foundation"

Matthew 7:24-27; 1 Corinthians 3:5-11

Ash Wednesday, February 22, 2023

6:30 pm. in Sanctuary

__ LENTEN SERMON SERIES __ "I Am" BEGINS

Sunday, February 26, 2023

"The Light of the World" John 8:12; Matthew 5:14-16; Ephesians 5:13-14

Nursery care available for these services

CRISIS CONTROL MINISTRY

Ongoing GiftJUICE

Gift for FEBRUARYINSTANT POTATOES

Please place your donations in the Crisis Control wooden bin in the Trinity Welcome Center

RESPONSIBILITIES for FEBRUARY

Altar Guild JoBeth Holliday

Sandy Callison

Kitchen Committee Cynthia Williams **Crisis Control Delivery** Jim Graham

RECYCLING VOLUNTEERS

Group 1 Group 2

Jan22-Feb4 GinnyCMartin RonHudnell Feb5-18 SueSpiegelman CynthiaGrant Feb19-Mar4 CarolynMiller RobCrenshaw

Photos and videos are taken during Mount Tabor UMC events for communication and/or historical purposes. If you want your image excluded, notify the church office (336-765-5561 ext. 1000)

FEBRUARY PREACHING SCHEDULE

DateHigher Ground (9am)Ignite (11am)Traditional (11am)February 5Lonnie Pittman & GuestsLonnie Pittman & Andy LambertDr. Mark Key

Modern (9am) in Alspaugh Worship Center *TaborKIDS Takeover!*

Lonnie Pittman

· Pittman & Andy Lambert Dr. Mark Ke **Traditional (11am)** in Sanctuary

Lonnie Pittman Lonnie Pittman

February 22, 6:30 pm • Ash Wednesday (Sanctuary) • Lonnie Pittman preaching

February 26 Lonnie Pittman

February 12

February 19

Lonnie Pittman

Feb. 5 Ignite!, Feb. 19 & 26 Modern as well as all Traditional services are also available via livestream at www.YouTube.com/MountTaborUMCVideoStreaming and the Mount Tabor United Methodist Church Facebook page.

Worship Bulletins are available at https://www.mttaborumc.org/bulletin

Please submit newsletter contributions to the appropriate ministry leader for approval or Senior Church Administrator Libby Craven (libby.craven@mttaborumc.org) by Feb. 15, 2023 for the March 2023 Tabor Talk.