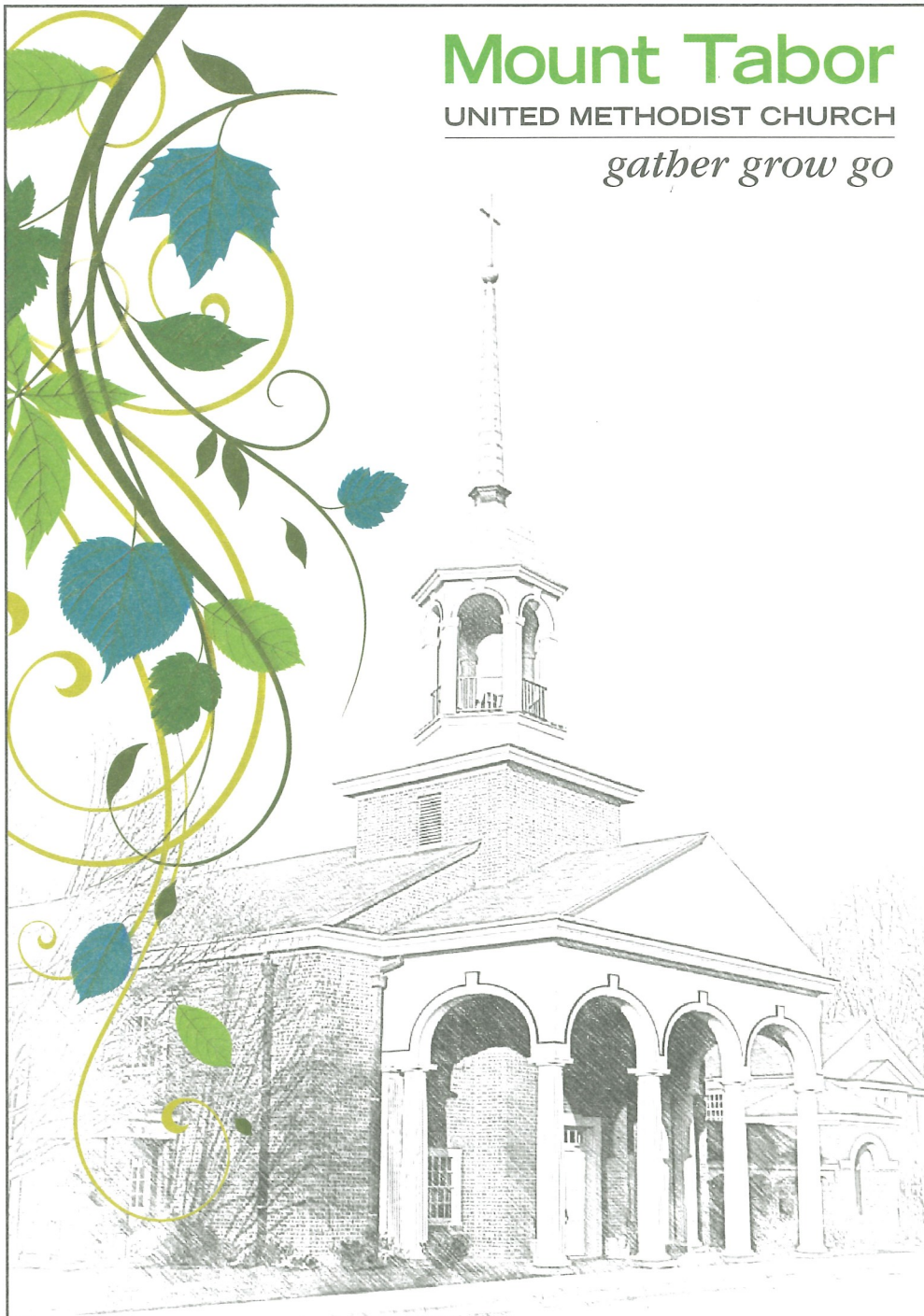


# Mount Tabor

UNITED METHODIST CHURCH

*gather grow go*



*Un*ANXIOUS

## Jesus In And Over The Storm

**SEPTEMBER 10, 2023**

**September 10, 2023**

336-765-5561 • 3543 ROBINHOOD ROAD • WINSTON-SALEM NC 27106 • [www.mttaborumc.org](http://www.mttaborumc.org)

**WORSHIPING GOD AT MOUNT TABOR UMC**  
**GATHER JOYFULLY • GROW SPIRITUALLY • GO FAITHFULLY**

**Traditional Order of Worship**  
**Sunday, September 10, 2023 • 11 a.m.**

*Hearing enhancement devices, as well as large print bulletins, are available in the Narthex.*

- **Prelude** *A Mighty Fortress* Luther arr. DeCou
- **Welcome** Pastor Lonnie
- **Introit** *Be Still* Harris/Wyse
- ☐ **Call to Worship** (adapted from Psalms 46) John Giles  
God is our refuge and strength,  
**an ever-present help in trouble.**  
Therefore we will not fear,  
**though the oceans roar and the mountains quake.**  
The Lord says, "Be still, and know that I am God;  
**"I will be exalted among in the earth."**  
The Lord Almighty is with us;  
**the God of Jacob is our fortress.**
- ☐ **Hymn #110** *A Mighty Fortress Is Our God (verses 1, 2, 4)* EIN' FESTE BURG
- **Sacrament of Baptism #39** Pastor Lonnie & Marcey Davis  
**Gideon and Azalea Dietsche**
- **Presentation of Bibles** Pastor Lonnie & Marcey Davis
- ☐ **Time of Greeting** Pastor Lonnie  
*Children (3 years old–5th graders) may leave to participate in TaborKIDS Worship today.*  
*Parents will pick them up in the Children's Building immediately following the service.*
- **Congregational Prayer & The Lord's Prayer** Lyn Worf
- **Anthem** *All Shall Be Well* Russell Schultz-Widmar
- **Sharing of Our Tithes and Offerings** Pastor Lonnie
- **Offertory** *Jesus Loves Me* JESUS LOVES ME
- ☐ **Doxology #95** *Praise God, from Whom All Blessings Flow* OLD 100th
- **Prayer of Illumination** John Giles  
**Lord Jesus Christ, you are the light of the world.**  
**Fill our minds with your peace and our hearts with your love. Amen.**
- **Scripture** Matthew 8:23-27 and Matthew 14:22-33 (NIV) John Giles
- **Message** From the worship series "Unanxious"  
*"Jesus In and Over The Storm"* Pastor Lonnie
- ☐ **Hymn #377** *It Is Well with My Soul (all verses)* VILLE DU HAVRE
- ☐ **Benediction** Pastor Lonnie
- ☐ **Response** *Peace I Leave with You* Mendelssohn
- ☐ **Chiming of the Trinity**
- ☐ **Postlude** *Joyful, Joyful, We Adore Thee* Beethoven arr. Hendrix

☐ *Please stand in body or in spirit*

**WORSHIP LEADERS**

Senior Pastor: Rev. Lonnie Pittman  
Director of Children and Family Ministries: Marcey Davis  
Liturgists: John Giles and Lyn Worf  
Traditional Worship Arts Director: Charli Mills  
Organist/Accompanist: Mike Hendrix

## WORSHIP SCRIPTURE

Sunday, September 10, 2023 • Fifteenth Sunday after Pentecost

### “Jesus In and Over The Storm”

#### Matthew 8:23-27 (NIV):

<sup>23</sup> Then he got into the boat and his disciples followed him. <sup>24</sup> Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. <sup>25</sup> The disciples went and woke him, saying, “Lord, save us! We’re going to drown!” <sup>26</sup> He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm. <sup>27</sup> The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”

#### Matthew 14:22-33 (NIV):

<sup>22</sup> Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. <sup>23</sup> After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, <sup>24</sup> and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it. <sup>25</sup> Shortly before dawn Jesus went out to them, walking on the lake. <sup>26</sup> When the disciples saw him walking on the lake, they were terrified. “It’s a ghost,” they said, and cried out in fear. <sup>27</sup> But Jesus immediately said to them: “Take courage! It is I. Don’t be afraid.” <sup>28</sup> “Lord, if it’s you,” Peter replied, “tell me to come to you on the water.” <sup>29</sup> “Come,” he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. <sup>30</sup> But when he saw the wind, he was afraid and, beginning to sink, cried out, “Lord, save me!” <sup>31</sup> Immediately Jesus reached out his hand and caught him. “You of little faith,” he said, “why did you doubt?” <sup>32</sup> And when they climbed into the boat, the wind died down. <sup>33</sup> Then those who were in the boat worshiped him, saying, “Truly you are the Son of God.”

Notes:

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For further study of today's scripture, visit [mttaborumc.org/growthguide](https://mttaborumc.org/growthguide).  
The Growth Guide is provided by the Spiritual Growth Team and includes study questions for life application.



**Tabor Table**  
A GREAT NIGHT OF FOOD & FELLOWSHIP  
WEDNESDAYS 5:15-6:30 PM  
[mttaborumc.org/tabor-table](http://mttaborumc.org/tabor-table)

**MENU**  
SEPTEMBER 13

Stuff Shells,  
Pasta and Sauce and Rolls  
**Kids option:** Corndogs and Chips  
Salad Bar, Drinks and Desserts



**Great DAY OF Service 2023**

**Projects include**  
Crossnore Children's Home,  
Crisis Control Ministries,  
Hope of Winston-Salem,  
Riverwood Therapeutic Riding Center,  
Ronald McDonald House,  
Salem Pregnancy Center,  
Samaritan Ministries **and more.**

**SEPTEMBER 30**  
**8:00AM-NOON**

*If you have a local community service organization,  
please consider forming and leading a new project team.*  
If you're interested, please email Steve Mann at [steve\\_mann\\_dba@yahoo.com](mailto:steve_mann_dba@yahoo.com)  
or Debbie Bohlmann [dhbohlmann@gmail.com](mailto:dhbohlmann@gmail.com).

**Fall Groups**  
learn more at  
[mttaborumc.org](http://mttaborumc.org)

**Church-Wide Study**  
**BEGINS SEPTEMBER 10, 2023**  
Based on *Anxious for Nothing: Finding Calm in a Chaotic World* by Max Lucado

**Disciple Bible Study**  
**BEGINS SEPTEMBER 10, 2023**  
Meets Sundays 4:00 to 6:00 PM

**Grief Share**  
**BEGINS SEPTEMBER 6, 2023**  
Meets Wednesdays 3:30-5:00 PM


**Divorce Care**  
**BEGINS SEPTEMBER 13, 2023**  
Meets Wednesdays 6:30-8:00 PM



**UnANXIOUS Exploring Anxiety**

**SEPTEMBER 20**  
**AT 6:30 PM**  
IN THE ALSPAUGH WORSHIP CENTER

**HEATH GREENE**  
Executive Director Clinical Psychologist  
at Associates in Christian Counseling



Register for Childcare at [bit.ly/mtunanxkid](http://bit.ly/mtunanxkid)

**Modern Worship**  
**Sunday, September 10, 2023 • 9 a.m.**  
*Fifteenth Sunday after Pentecost*

**“Jesus In and Over The Storm”**

*Scripture*  
Matthew 8:23-27 and Matthew 14:22-23 (NIV)

— Welcome and Call to Worship —

— Praise Songs —

*Oh How I Need You*  
*(All Sons and Daughters)*

*What A Friend*

— Presentation of Bibles —

— TaborKIDS Dismissal —

— Congregational & Offertory Prayer —

— Offertory —

*My Story*

— Message —

— Closing Song —

*It Is Well*

— Announcements & Sending Forth —

**Worship Leaders**  
**Senior Pastor: Rev. Lonnie Pittman**  
*Modern Worship Coordinator: Jim Annas*  
*Worship Host: Alicia Bowman*  
*Prayer Leader: Venessa Irby*

## WELCOME TO MOUNT TABOR UMC

Welcome to Mount Tabor and please feel at home! If you are a first-time guest, text the word "Hello" to 336-777-7990. Also stop by the Trinity Welcome Center desk or a Welcome Kiosk on your way out to receive a welcome gift. The mission of Mount Tabor UMC is to "Gather Joyfully, Grow Spiritually, Go Faithfully to spread the love of Christ." If you would like to explore ways to Gather, Grow, Go, text "Connect" to 336-777-7990. Prayer requests can be submitted at [www.mttaborumc.org/prayer](http://www.mttaborumc.org/prayer) or by contacting Congregational and Soul Care Director Kim Harvey (336-765-5561 ext. 1021 or [kim.harvey@mttaborumc.org](mailto:kim.harvey@mttaborumc.org)).

## GENERAL INFORMATION

Nursery care and Mother's Room are available for all services. Children interested in participating in TaborKIDS worship may leave the service at the appropriate time. Wheelchairs are available for use while on church property and the church offices are open Monday-Friday, 9 a.m.-noon and Monday-Thursday, 1-4 p.m. See the church website at [www.mttaborumc.org](http://www.mttaborumc.org) for more info.

## ANNOUNCEMENTS

Submit announcement info at least two weeks in advance to [charity.goff@mttaborumc.org](mailto:charity.goff@mttaborumc.org).

## GATHER JOYFULLY

- \* YOU CAN WORSHIP AT MTUMC on Sundays at: Modern, 9:00am, in the Alspaugh Worship Center, or Traditional, 11:00am, in the Sanctuary. Both services are also available via Facebook Live and <https://www.YouTube.com/MountTaborUMCVideoStreaming>.

## GROW SPIRITUALLY

- \* **Wednesday Women's Bible Study** will participate in the church-wide study of the book, "Anxious for Nothing" by Max Lucado, on **Wednesdays at 9:30am, in person in the Fellowship Hall and also via Zoom, from Sept. 13 – Nov. 15**. Participants are asked to purchase their own book. Please contact Director of Congregational & Soul Care, Kim Harvey ([kim.harvey@mttaborumc.org](mailto:kim.harvey@mttaborumc.org)) for questions or to receive the Zoom link.
- \* **Tabor Troupers** for active seniors age 55 and older will meet on **Mon., Sept. 18 at 11:30am in the Fellowship Hall** for fellowship, a devotion and a \$6 per person lunch of Hamburger Potato Casserole. Our guest will be Jim Mitchell, Master Gardner at Mitchell's Nursery. It will be a fun-filled gathering that you won't want to miss. Register in your Sunday School class or at the Trinity Welcome Center Connect Corner.
- \* **DivorceCare** is a biblical and Christ-centered support group where people find healing, hope, and encouragement after separation or divorce. For you, or someone you know, no matter what the cause of separation or divorce, this is an opportunity to be around people who understand what you are feeling. You will learn how to recognize the symptoms of being stuck and learn valuable information about facing your "new normal" and renewing your hope for the future. Our DivorceCare group will gather on Wednesday nights, from **September 13 - December 13 in The Parlor (Rm. 108) from 6:30-8:00pm**. For more information or to register for DivorceCare, please contact David Rigby at [divorcecare@mttaborumc.org](mailto:divorcecare@mttaborumc.org) or visit the website at [divorcecare.org](http://divorcecare.org).
- \* **Women's Festival of Tables** will be held on **Saturday, October 14 from 9:00 to 11:30 am in the Family Life Center** (doors will open at 8:30 for table viewing). Beverly Burton will speak on the theme of Friendship. All women are invited for a delicious breakfast, a mission project, an encouraging word, and fellowship. To attend, sign up at [www.bit.ly/festivaloftables](http://www.bit.ly/festivaloftables). Cost is \$10, and attendees are encouraged to bring a pair of new children's pajamas for SPARK, who will distribute them to area children in need. Questions? Contact or if you would like to be a table hostess (and coordinate the decorations for a table for 8), please contact Fleeta Hall at [fleemahall@gmail.com](mailto:fleemahall@gmail.com).
- \* **Growth Gatherings During The Church-Wide Study:** As part of the church-wide study this fall on the topic of anxiety, the Spiritual Growth Team will offer Growth Gatherings on Wednesday nights beginning September 13, from 6:00-7:00pm in the Fellowship Hall. Growth Gatherings will amplify the book study on anxiety, and will focus on prayer and other spiritual practices that can help with anxiety. Come to one or all, as your schedule allows. This will be different content than what is covered in Growth Groups that are studying the book. No prior preparation is required. An accompanying booklet of spiritual practices and resources will be provided, and will also be available at the Connect Corner. Participants may bring their Tabor Table tray into the study, and children's programming is offered at the same time. Questions? Contact [kim.harvey@mttaborumc.org](mailto:kim.harvey@mttaborumc.org).



- \* **If you or your family are** dealing with chronic or other illness, cancer, preparing for or recovering from surgery, caregiving, mourning, or experiencing a life transition, please let the church know how you can best be cared for and supported. Kim Harvey, Director of Congregational and Soul Care, is available for a visit in her office, Room 203, or you may contact her at (kim.harvey@mttaborumc.org or 336-765-5561 (ext. 1021). She can also arrange a pastoral visit or call, and will pass along any prayer requests you may have.
- \* **TaborKIDS on Wednesdays kicks off on September 13!** Every Tabor Table Wednesday, children are invited to come to the Children's Building from 6:00-7:00pm for faith, fun, and fellowship. Check your TaborKIDS emails for more information!
- \* **Moms Fellowship meets the first Thursday of each month 9:15-10:30am** in Room 268. This is a time for mothers of young children to meet for a heartfelt prayer, a short devotion with discussion, and fellowship. Childcare will be provided with registration done by 5:00pm the night before the meeting. Register here: <https://bit.ly/mtumcmoms23> Questions? Contact Sandy Hauser SandyLHauser@gmail.com.
- \* **Help Needed!** We have babies to rock and hold in the Nursery during worship. If you are interested in showing love to our littlest disciples, please contact Marcey Davis marcey.davis@mttaborumc.org.
- \* **Adopt-a-College Student Program** -- The College Ministry Program is seeking individuals/small groups to "adopt" a college student. This role will be to encourage, pray for, and reach out to their assigned college student throughout the school year. It is a wonderful way to keep our college students connected to their church family and for the students to know they are loved and supported! If you or your small group is interested in adopting or has questions, please reach out to Cheryl Bullard (cgbullard@gmail.com) or Misty Wooten (emwooten@yadtel.net).

### **GO FAITHFULLY**

- \* **100 bottles of water** are needed each for the homeless individuals served dinner by MTUMC at the Bethesda Center. You may bring water donations to the church and place on a cart in the Fellowship Hall; or order bottled water to be delivered straight to the church through Amazon; or give funds online at [www.mttaborumc.org/give](http://www.mttaborumc.org/give) selecting "Bethesda Benefit" (or make checks payable to MTUMC designating "Bethesda Benefit" and bring to the church).
- \* **Great Day of Service - Saturday, September 30** — is our annual church-wide morning of serving community service organizations across Winston-Salem. It's also a wonderful opportunity for new members to build relationships, families to serve together, and longer-term members to re-connect... all while serving community organizations that provide crucial services to those in need 365 days each year. Here is the schedule for our Great Day of Service: 8:00-8:45am - Breakfast in Fellowship Hall; 9:00-11:45am - Teams serve on projects; 12:00-1:00pm - Pizza lunch in Fellowship Hall. Here are the Projects we will be working: Ronald McDonald House, Crossnore Children's Home, Crisis Control Ministries, Riverwood Therapeutic Riding Center, Open Arms, Samaritan Ministries, Sunnyside Ministries and more. Signup boards will be in the Welcome Center soon. Please call Steve Mann 336.926.1028 with questions.
- \* **The 2023 Crop Walk is Sunday, October 15 at 2:30pm at Corpening Plaza.** TO WALK: Sign up in the Welcome Center and pick up a packet. Then visit [www.cropwalkforsyth.org](http://www.cropwalkforsyth.org) and join Team Mount Tabor. TO DONATE: Sponsor the walker of your choice with cash or check ("CWS/CROP"). Give to John or Denise or place in Outreach Box (put "Denise Peterson" on envelope) OR online at [www.cropwalkforsyth.org](http://www.cropwalkforsyth.org). HELP PROMOTE the WALK BY PICKING UP a FLYER or BROCHURE on the CROP TABLE in the WELCOME CENTER and DISPLAY at YOUR WORKPLACE, GYM, etc. Questions? contact your Team Captains: John Giles (johnlgiles55@gmail.com - 336-414-2526) or Denise Peterson (mamapete3@gmail.com - 336-922-1717)
- \* **Mount Tabor UMC has an opening for a part time Nursery Worker.** If you have a genuine love for children and enjoy serving others, consider applying for the position! This is a 4 - 5 hour per week position that serves 2-3 Sundays per month on a flexible, rotating basis. For more information, visit [mttaborumc.org/](http://mttaborumc.org/) employment-opportunities or contact Marcey Davis marcey.davis@mttaborumc.org .
- \* **American Blood Drive will be at Mount Tabor UMC on Tuesday, October 10** from 2:00-7:00pm in the Family Life Center. Make your appointment online at <https://www.redcross.org/give-blood.html> using the church zip code 27106 for the October 10 date or contact Ron Grant (336-577-3687).

## Mount Tabor at a Glance —

Real-time calendar is available at [TinyUrl.com/MTUMC-calendar](http://TinyUrl.com/MTUMC-calendar)



### Sunday, September 10, 2023

- 7:30 AM United Methodist Men's Breakfast -- Fellowship Hall
- 9:00 AM Modern Worship Service - Alspaugh Worship Center
- 10:00 AM Adult/Youth/Children's Sunday School Classes
- 11:00 AM Traditional Worship Service - Sanctuary
- 3:00 PM Bible Sunday -- Alspaugh Worship Center
- 3:00 PM Hands on Bible Children's Event -- Sanctuary
- 4:00 PM Disciple I Bible Study -- Rm 207-MainLevel Conference Rm
- 5:00 PM Fusion Youth Main Even -- Rm 113-Youth Commons

### Monday, September 11, 2023

- 8:00 AM Bulletin Submission Deadline
- 8:00 AM Devotion with Pastor Lonnie (FB & YouTube)
- 8:00 AM IN THE KNOW submissions deadline
- 9:00 AM ChurchBusinessAdmin Meeting -- Rm 207
- 9:00 AM TABOR TALK newsletter submission deadline
- 6:30 PM Trustees Meeting -- Rm 207-MainLevel Conference Rm
- 7:00 PM Men's Basketball -- Family Life Center
- 7:00 PM Women's Alcoholics Anonymous -- Rm 102

### Tuesday, September 12, 2023

- 10:00 AM Traditional Worship Planning -- Rm 207
- 1:30 PM Church Program Staff Meeting -- Rm 303
- 4:00 PM TaborWomen Circle 8--Rm 108
- 4:15 PM Spiritual Direction -- Rm 200-Church Study
- 5:30 PM Spiritual Growth Committee (In-person & Zoom) --Rm 304
- 6:30 PM Finance Committee Meeting -- Fellowship Hall
- 6:30 PM Pack 934 Committee Meeting --Rm 122-Youth Area
- 6:30 PM Pack 934 Den Meetings --Family Life Center
- 8:00 PM Alcoholics Anonymous -- Rm 102

### Wednesday, September 13, 2023

- 6:50 AM Fusion Youth Prayer Breakfast -- Chick-fil-A Peacehaven Road
- 9:00 AM Wednesday Women's Bible Study -- Fellowship Hall
- 3:30 PM GriefShare -- Rm 101
- 4:15 PM Youth Bethesda Meal Packing -- Fellowship Hall
- 5:15 PM Tabor Table Fellowship Meal -- Fellowship Hall
- 6:00 PM Growth Gatherings --
- 6:30 PM DivorceCare Support Group -- Rm 108-Church Parlor
- 7:00 PM MTUMC Delivers to Bethesda Center

### Thursday, September 14, 2023

- 12:00 PM Band of Brothers -- Foothills @ 4th Street
- 6:00 PM B.E.L.L.S. Rehearsal -- Music/Choir Room
- 6:00 PM JOY Prom Fairy Godmother Closet Meeting -- Family Life Center
- 7:00 PM Choir Rehearsal -- Music/Choir Room

### Friday, September 15, 2023

- 8:00 AM TaborTWEENS Retreat with District -- Camp Merriwood

### Saturday, September 16, 2023

- 8:00 AM TaborTWEENS Retreat with District -- Camp Merriwood
- 9:00 AM Pickle Ball -- Family Life Center
- 8:00 PM Alcoholics Anonymous -- Rm 102

## Our Response to God's Grace...

### BUDGET PLEDGES FOR 2023

as of August 7, 2023

# Pledges: 243  
for Pledge Total of  
\$1,136,159.00

toward 2023 budget of  
\$1,572,693

### September 3, 2023 ATTENDANCE

Online Worship	80
In-person Worship	351

### September 3, 2023 GIVING

BudgetNeedsEachWeek \$30,244.10

**Budget Gifts \$21,118.75**

Yadkin Valley Tweens	\$1,500.00
Technology Fund	\$200.00
Bethesda Benefit	\$110.00
Other	\$2,357.58
<b>Total</b>	<b>\$25,286.33</b>

### CAPITAL CAMPAIGN LOAN PRINCIPAL

January 1, 2018 Balance  
\$2,440,522.29

**Year-To-Date Loan Balance**  
\$276,413.02  
as of August 9, 2023